

Cours: Biochemistry II Course Coordinator: Dijana Detel, MD, PhD, Associate professor Colaborators: Jelena Marinić, PhD, Assistant professor Lara Batičić, PhD, Assistant professor Robert Domitrović, PhD, Full professor Iva Potočnjak, Mag. Env. Pub. Health, PhD, Assistant Sunčica Buljević, PhD, Env. Pub. Health, Assistant Department: Department of Medical Chemistry, Biochemistry and Clinical Chemistry Study: Integrated Undergraduate and Graduate University Study of Medicine in English Year of the study: Second Academic year: 2021./2022.

COURSE SYLLABUS

Course information (basic description, general information, teaching overview, required equipment and preparation, etc.)

Biochemistry II is a compulsory course at the second year of the Integrated Undergraduate and Graduate University Study of Medicine in English. It consists of 42 hours of lectures, 34 hours of seminars, and 34 hours of laboratory practicals, overall 110 hours (9 ECTS). Lectures and seminars are held in lecture halls of the Faculty of Medicine according to the course schedule. Laboratory practicals are held at the Department of Medical Chemistry, Biochemistry and Clinical Chemistry.

The goal of teaching Biochemistry is to understand how the human body works at the molecular level: how it uses energy, how it keeps its structure, how does it recognize different signals and respond to them, how it develops and grows, and how it protects against disease. The focus is on the integrative function of tissues and organs. This curriculum forms biochemical basis of physiology and offers the student the knowledge necessary for understanding biochemical basis of many pathobiochemical processes and diseases. Understanding these principles should help students and physicians in using the appropriate biochemical diagnostic procedure in order to improve health, in disease prevention, and in treatment of disorders at any human age.

Thorough the seminary part, students will gradually acquire and connect topics related to course aims. Students will acquire knowledge and experience in basic laboratory techniques and analytical clinical methods related to physiological and pathological states of the organism thorough laboratory practicals.

Content of the course

- 01. Introduction
- 02. Enzymes
- 03. Bioenergetics
- 04. Metabolism of carbohydrates
- 05. Metabolism of lipids
- 06. Structure and function of DNA and RNA
- 07. Hormon action and signal transduction
- 08. Biological membranes and cellular signaling

- 09. Metabolism of proteins and amino acids
- 10. Vitamins
- 11. Oxidative stress
- 12. Integration of Metabolism

13. Biomedical importance of serum enzymes and proteins

Required literature:

1. VW. Rodwell et all.: Harpers Illustrated Biochemistry, 30th edition, The McGraw –Hill Education, New York 2015.

2. Č. Milin et. all.: Handbook for seminars and Laboratory practicals in Biochemistry II, Department of Chemistry and Biochemistry Faculty of Medicine, University of Rijeka, 2019.

Recommended for additional reading:

1.	JM. Berg et all: Biochemistry, 8th edition, W.H. Freeman and Company, New York, 2012.
2.	DL. Nelson, MM. Cox: Lehninger Principles of Biochemistry, Fourth Edition

Course teaching plan:

The list of lectures (with the titles and learning outcomes):

L1 Importance of biochemistry in understanding health and disease and the application of biochemistry in clinical practice.

Understanding the aim of the course. Recognizing the role of Biochemistry in health care.

L2-3 Enzymes. Classification of enzymes. The kinetics of enzyme catalysis. Regulation of enzymatic activity.

To explain the structure and the function of enzymes. To explain the structure and the function of catalytic centers. To describe the kinetics and the mechanism of enzyme-catalyzed reactions. To define and describe mechanisms of enzymatic activity regulation.

L4 Digestion and absorption of carbohydrates.

To list carbohydrates that appear in the food and carbohydrates that are final products of digestion (hydrolysis catalyzed by an enzyme) being transported into enterocytes. To describe enzymes that catalyze hydrolytic cleavage of oligosaccharides and polysaccharides.

L5-6 Metabolic pathways of carbohydrates. Glycolysis. Aerobic and anaerobic glycolysis. Regulation of glycolysis.

To explain anaerobic and aerobic glycolysis pathways and state their final products. To show glycolysis schematically, list glycolysis enzymes, calculate the balance of ATP formation on the substrate level by "aerobic" glycolysis of glucose and glycogen, to describe NAD⁺ and NADH + H⁺ roles in the glycolysis, glyceraldehyde-3-P oxidation, and pyruvate reduction. To describe the cellular location of anaerobic glycolysis. To describe and discuss the regulation of glycolysis.

L7 Oxidative decarboxylation of keto acids.

To show sum equation of oxidative phosphorylation of pyruvate into acetyl-CoA; list all the enzymes, coenzymes, and cofactors involved in the formation of acetyl-CoA from pyruvate and insert them in the metabolic scheme; to state the number of ATP moles generated by formation of acetyl-CoA from one mole pyruvate; to explain the (non)possibility of pyruvate formation from acetyl-CoA.

L8-9 Citric Acid Cycle. Regulation of Citric Acid Cycle.

To state the basic role of citric acid cycle (Tricarboxylic Acid Cycle); to show the cycle schematically, to state cycle reactions' cellular locations; to state reactions by which terminal oxidations occur together with corresponding enzymes and coenzymes; to state citric acid. To list regulatory enzymes and reactions catalysed by those enzymes.

L10 Gluconeogenesis. Cory cycle.

To describe gluconeogenesis, to define molecules that enter the gluconeogenesis pathway, to display glucose and glycogen formation from proteins and lipids, to list phosphatase involved in gluconeogenesis

but not in glycolysis; to state reversible glycolysis reactions, to state allosteric enzymes involved in gluconeogenesis regulation.

L11-12 Metabolism of Glycogen. Regulation of Glycogen Metabolism.

To describe glycogen formation from glucose through glucose-I-P, and to explain the role of UTP and UDP in that reaction; to schematically show glycogen breakdown in glucose-1-P and its hormonal regulation (hormones, receptors, enzymes, second messengers), to explain the chemical background of glycogen breakdown disorders.

L13 The penthose phosphate pathway.

Schematically show direct oxidation of glucose-6-P into CO₂ and H₂O in the pentose phosphate pathway; to state the most important compounds of oxidative and non-oxidative phase; coenzymes that appear in the oxidative phase dehydrogenases, to explain the role of pentose phosphate pathway – formation of NADPH⁺ H⁺ and ribose and their role in metabolism; intermediate compounds that appear both in glycolysis and gluconeogenesis forming the link between those metabolic pathways. To explain the biochemical mechanism and clinical correlation of glucose-6-phosphate dehydrogenase deficiency.

L14-15 Bioenergetics. Oxidative Phosphorylation.

To describe oxidative phosphorylation and electron transport chain, the location of electron transport chain and its topology. To explain the coupling of oxidation of reduced coenzymes with the synthesis of ATP. To explain the ATP synthase mechanism and the regulation of the oxidative phosphorylation.

L16 Digestion and absorption of lipids.

To list the part of the digestive tract where lipolytic breakdown of triacylglycerols (lipids and oils) takes place and the factors that stimulate this breakdown; to describe the intraluminal process of triacylglycerol breakdown concerning pancreatic lipase specificity and the action of bile salts; to describe the triacylglycerol metabolism inside enterocytes.

L17-19 Mobilisation of fatty acids. Oxidation of fatty acids. Biosynthesis of fatty acids.

To explain how triacylglycerols (lipids) from adipose tissue serve as organism energy reservoir. To describe the processes by which fatty acids are transported through the blood. To explain processes of fatty acid activation and transport into the matrix of the mitochondria. To describe the catabolism of fatty acids and their cellular location.

To calculate energy balance of fatty acid breakdown. List the essential fatty acids and their characteristics. To describe the reaction catalyzed by acetyl-CoA carboxylase and understand the mechanisms by which its activity is regulated to control the rate of fatty acid synthesis. To explain reactions of fatty acid biosynthesis and the role of the multienzyme complex in that process.

L20-21 Biosynthesis of triacylglycerols and phospholipids. Glycolipids.

To outline the general structure of triacylglycerols, phospholipids, and glycerosphingolipids and indicate their functions. To explain glycerol origin for the glycerolipid biosynthesis. To explain the role of phospholipases in the degradation and remodeling of phospholipids. To display the phosphatidylcholine, phosphatidylethanolamine, phosphatidylserine, phosphatidylinositol and cardiolipin metabolism; to display sphingomyelin and glycosphingolipid metabolism; to explain the chemical background of sphingolipid metabolism disorders; to describe and to explain the eicosanoid structure, biological role, and metabolism.

L22-23 Biosynthesis and metabolism of cholesterol. Biosynthesis and metabolism of bile acids.

To explain the importance of cholesterol as an essential structural component of cell membranes, as a precursor of steroid hormones, bile acids, and vitamin D. To identify stages of cholesterol biosynthesis from acetyl-CoA. Understand the role of 3-hydroxy-3-methylglutaryl CoA reductase in controlling the rate of cholesterol synthesis and explain the mechanisms by which its activity is regulated. To display cholic, glycocholic, and taurocholic acid biogenesis (bile acids); to state physical and chemical characteristics and biosynthesis of C17, C19, and C21 steroid hormones.

L24 Classification and role of lipoproteins in the metabolism.

To count transport pathways of lipids and their metabolites from enterocytes to other parts of organism; to define lipoproteins, to count basic types of lipoproteins and state their chemical content, to state their role in exogenous and endogenous lipid transport; to explain the chemical background of lipoprotein metabolism disorders. Indicate major types of apolipoprotein found in different lipoprotein classes.

L25 Metabolism of xenobiotics.

To define xenobiotics and to explain the biomedical significance of xenobiotic metabolism. To explain the role of liver cells in the detoxification of xenobiotics. To state and explain the reactions of phase I and II. To explain the role of cytochrome P450 and reactions catalyzed by various enzymes.

L26-27 Nucleic acid structure and function. RNA synthesis, processing, and modification. Regulation of gene expression.

To describe the structure and function of nucleic acids; to explain semiconservative replication of DNA, transcription, and protein biosynthesis (translation). Understand the flow of genetic information from DNA to RNA to proteins.

L28-29 Protein synthesis. Transport of proteins. Ubiquitination of proteins.

To explain the aim and effects of posttranslational modifications of protein on structure, biochemical activity, and intracellular traffic and sorting of proteins (trans-membrane proteins, peripheral membrane proteins, glycosylphosphatidylinositol anchored proteins); to state the examples; to explain membrane lipids and proteins mobility. To describe the role of ubiquitin in protein degradation.

L30 Midterm exam

L31 Protein metabolism. Digestion and absorption of proteins.

To understand the proteolysis in the digestive tract and the absorption of amino acids in the intestine; to know extracellular proteases and their classification (exopeptidase, endopeptidase, aminopeptidase, carboxypeptidases, dipeptidylpeptidases), to know the location of action of proteolytic enzymes, the activation and mechanisms of pepsin, trypsin, and chymotrypsin action.

L32-33 Metabolism of amino acids. Decarboxylation, transamination and oxidative deamination.

To name and know the basic pathways of amino acid degradation (decarboxylation, transamination, oxidative deamination); to explain the reaction of amino acid decarboxylation, name enzymes and coenzymes; to list biologically important amines. To explain the processes of oxidative deamination of amino acids, formation of keto acids and ammonia, specify oxidoreductases that catalyze reactions and coenzymes; to explain the formation of ammonia in the combined processes of transamination and oxidative deamination resulting in glutamate; to explain the mechanism of transaminase action.

L34 Urea cycle

To indicate from which compounds high-energy carbamoyl phosphate is formed, schematically show intermediates of urea cycle and urea formation; to identify the subcellular locations of the enzymes that catalyses the cycle; to explain the utilization of ATP.

L35-37 Signal molecules. Role in the regulation of metabolism. Receptors and signal transduction. Hormonal regulation of metabolism.

To explain the principles of cellular signaling. To list the signal molecules according to solubility. To explain the role of receptors in signal transduction. To describe the classification of hormones. To explain the mechanisms of hormone action and the hierarchy of hormones. To explain the role of receptors and G proteins as well as the generation of second messengers in hormone signal transduction. To explain the hormonal regulation of cellular processes through activation of cAMP and phospholipase C. To understand the mechanism of steroid hormone action; to explain the mechanism of eicosanoids action. To list MAP kinases pathway; to explain the role of the transcription factor NF-κB.

L38-39 Regulation of metabolic pathways.

Integrate the metabolic destiny of a food ingredient from its digestion and absorption to complete degradation or conversion into an intermediate product. To describe the peculiarities of metabolic processes present in skeletal muscle, fatty tissue, liver, and brain.

L40-41 Biomedical importance of plasma enzymes.

To understand the biological and diagnostic importance of serum proteins and enzymes; alanine and aspartate aminotransferase (ALT and AST), glutamate dehydrogenase (GLDH), γ -glutamiltransferase (γ GT), cholinesterase (CHE), creatine kinase (CK), alkaline phosphatase (ALP), lactate dehydrogenase (LDH), lipase, and amylase. To know the application and the role of enzymes in the diagnosis and clinical practice.

The list of seminars (S) with descriptions:

S1 Enzymes

To explain the kinetics and the mechanism of enzyme-catalysed reactions. To describe and to explain the regulation of enzymatic activity.

S2 Cofactors. Water soluble vitamins.

To classify and to describe the structure of cofactors. To explain the modalities of coenzyme action. To explain the role of water-soluble vitamins in enzymatic activity.

S3 Fat soluble vitamins.

To explain the biological role of vitamins in human health. To explain the structure, principal functions, and metabolism of fat-soluble vitamins A, D, E, K. To explain the role of vitamin A in the metabolism of rhodopsin (rhodopsin biosynthesis), gene expression, and tissue differentiation. To describe the metabolism of vitamin D in the skin, liver, and kidney. To explain the role of vitamin D in the control of calcium homeostasis. To explain vitamin E antioxidative properties in cell membranes and plasma proteins. To describe the role of vitamin K in blood clotting

S4 Biochemically important reactions.

To indicate, explain the physiological role and mechanism of biochemically important reactions.

S5 Carbohydrate metabolism. Regulation of gluconeogenesis.

To describe the conversion of galactose, mannose, and fructose into glucose (monosaccharide interconversion); to state enzymes (and coenzymes) involved in the enzyme catalyzed epimerization of galactose into glucose; to explain the chemical background of galactose metabolism disorders; to show and to explain fructose metabolism, to explain the chemical background of fructose metabolism disorders.

S6 Function and structure of respiratory chain complexes.

To illustrate the structure of the respiratory chain. List respiratory chain complexes involved in the transfer of electrons. To explain the mechanism of electron transfer and chemiosmotic hypothesis. Understand the role of ubiquinone cycle and synthesis of ATP.

To classify enzymes and cofactors according to the type of catalysed reaction. To explain the role of specific cofactor in biocatalysis.

S7 Free radicals, oxidative stress, and antioxidants' structure and nature.

To explain the mechanisms of formation and the role of free radicals as well as the mechanisms of free radicals' elimination.

S8 Metabolism of lipids.

To name and understand the structure and chemistry of physiologically important lipids. To define the meaning of the term lipids, and to explain their distribution according to their role and structure; to know the most important representatives of elementary and complex lipids, biological important steroids, biological important terpenes. To identify essential fatty acids and to explain their characteristics. To explain the biosynthesis of polyunsaturated fatty acids. To identify ketone bodies, to describe the reaction by which they are formed and used as a fuel for extrahepatic tissues. Identify pathological conditions when ketosis and ketoacidosis occur. To explain biochemical mechanism and biochemical aspects of clinical disorders of lipoprotein metabolism.

S9 Metabolism of iron, porphyrins and bile pigments.

To describe the mechanism of iron absorption, distribution, and storage into tissues. To describe the physiological and clinical role of transferrin, ferritin, iron concentration in serum, and hepcidin in the human organism. To explain the causes and clinical picture of iron deficiency. To explain the pathway of porphyrin biosynthesis. To describe the causes and clinical picture of various porphyrias.

S10 Metabolic functions of the liver.

To know and explain synthetic, metabolic, and excretory function of the liver. To explain the mechanisms of heme degradation. To explain metabolic degradation pathway of bilirubin, name and explain related metabolic disorders. To know the synthesis of bile acids.

S11 Catabolism of carbon skeletons of amino acids. Metabolic transformation of individual amino acids.

To describe metabolic pathways for glycine, serine, aspartic and glutamic acid, arginine, histidine, phenylalanine, tyrosine, tryptophan, cysteine catabolism; metabolic scheme of aromatic amino acid degradation. To explain the mechanism of phenylketonuria, alcaptonuria, albinism, and disease of metabolism of branched-chain amino acids.

S12 Plasma proteins and their physiological, biochemical, and diagnostic functions. Biomedical importance of plasma proteins.

To indicate the composition and the role of blood. To classify plasma proteins. To list and explain the separation methods of plasma proteins. To indicate the causes of changes in the concentration of plasma proteins. To specify and distinguish acute phase proteins. To know the application and the role of haptoglobin, ceruloplasmin, α_2 -macroglobulin, transferrin, α_1 -fetoprotein, α_1 -antitrypsin, fibrinogen, and α_1 -acid glycoprotein in the disease diagnosis and clinical practice. To clarify the diagnostic value of serum proteins in the case of α_1 -antitrypsin deficiency.

The list of laboratory practicals (LP) with short explanations:

LP1 Methods in biochemistry

To explain the principle of the methods used in biochemical laboratories (chromatography, mass spectrometry, immunochemical methods (ELISA), western blot, DNA analysis). Apply High Performance Liquid Chromatography (HPLC) to separate the analyte in the mixture.

LP2 Factors affecting enzymatic activity

To explain the influence of pH and temperature on the ALP enzymatic activity. To explain how substrate concentration and inhibitor affect the rate of enzyme-catalyzed reaction.

LP3 Qualitative and quantitative analysis of carbohydrates

To apply a qualitative reaction to detect carbohydrates in biological samples. To measure serum glucose concentration, interpret, and explain the results.

LP4 Electrophoresis of lipoproteins

To apply spectrophotometry and electrophoresis in order to determine serum lipid profile. Apply qualitative methods for the detection of pathological components of urine.

LP5 Determination of iron concentration in serum

To determine parameters of iron status. To apply qualitative methods for the detection of pathological components of urine.

LP6 Determination of non-protein nitrogen compounds

To measure urine and serum renal function parameters, interpret the results, and explain possible causes of hyperuricemia and urinary infections. Apply qualitative methods for the detection of pathological components in the urine.

LP7 Determination of clinically important enzymes

To determine serum activities of ALT, AST, ALP, CHA, and γ -GT and to relate their activity with specific physiological and pathological processes.

LP8 Clinical laboratory

LP9 Midterm exam

Student obligations:

Class attendance, including test attendance, is mandatory. Students may be absent from 30% of each form of teaching provided they have a justifiable cause. If a student is absent for more than 30% of the classes, he/she will have to re-enroll the course.

Absence from seminars is compensated by an oral colloquium. Students are expected to actively participate in all aspects of the course, complete laboratory reports on time, and attend the examinations. Moreover, preparation of the course content, which is going to be discussed during seminars and laboratory practicals, is obligatory. During laboratory practicals, a student is obligated to wear a lab coat, to have tools (a wiping pad, a ruler, and a calculator), and the Handbook for seminars and practicals in Biochemistry II.

Exam (exam taking, detailed exam description of the oral/written/practical part, point distribution, grading criteria):

Student grading will be conducted according to the current Ordinance on Studies of the University of Rijeka (approved by the Senate) and the Ordinance on Student Grading at the Faculty of Medicine in Rijeka (approved by the Faculty Council).

Assessment of the student work

Student work will be assessed and graded during the course and on the final exam. During the course, students may obtain a total of 100 grade points (credits). Students can achieve up to 70% of the final grade during the classes, and a maximum of 30% of the final grade at the final exam.

Evaluation of students' progress during classes, midterms, and the final exam in academic year 2021/2022 is shown in Table 1.

	Evaulation	Grade points
	Midterm exam I	18
Midterm exams	Midterm exam II	18
	Midterm exam III	18
	Total	54
Laboratory practicals	Completed practical and accepted written report	8
Seminars	Active participation/short written exams	8
TOTAL		70
	Written exam (30 questions)	15
Final exam	Oral exam	15
	Total	30
TOTAL		100

Table 1. Distribution of grade points in the course "Biochemistry II"

Written midterm exams

During the semester, three written midterm exams are planned, which will include the content of lectures, seminars, and laboratory practicals.

At each midterm exam, the maximum of grade points that a student can obtain is 18.

All written midterm exams consist of 40 multiple choice questions and are evaluated according to the criteria shown in Table 2. In order to obtain grade points, a student should have/gain a minimum 50% of correct answers on each midterm exam. Settled midterm exams are valid for the current academic year in which they are placed.

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% of correct answered questions	Grade points/credits
50.00 - 54.99	9
55.00 – 59.99	10
60.00 - 64.99	11
65.00 - 69.99	12
70.00 – 74.99	13
75.00 – 79.99	14
80.00 - 84.99	15
85.00 - 89.99	16
90.00 - 94.99	17
95.00 - 100.00	18

Correction of the midterm exams

A student can access the correction of the midterm exams if he/she i) did not obtain a minimum criteria (50% on each midterm) or ii) is not satisfied with the obtained credits and iii) in case of absence at the midterm exam due to a justified reason.

If a student retakes the midterm exam because he/she is not satisfied with the obtained grade points, only the credits gained from the retaken midterms will be considered.

Evaluation of the midterm corrections will be performed according to the criteria shown in the Table 2. Students will have the opportunity to correct one or more midterm exam only once. Correction of the midterm exam I-III will be held after completing regular class in terms set by the course schedule.

Laboratory practicals

A student can gain 8 credits throughout laboratory practicals. Evaulation of laboratory practicals implais precisely completed experimental part of laboratory practical (maximum of 4 grade points) and completed and accepted written report (maximum of 4 grade points).

During laboratory practicals, the oral examination of the student can be performed by the teacher.

<u>Seminars</u>

Throughout the course, 12 seminars are planned during which students can achieve 8 grade points. A student can obtain a maximum of 6 grade points through short written exams and additional 2 grade points through active participation.

Final exam

The final exam is mandatory and comprises written and oral assessment. During the final exam, students can gain a maximum of 30 credits, 15 credits in the written part and 15 credits during the oral assessment. Students are required to meet the minimum criteria for both parts of the final exam.

The written and the oral part of the final exam cover the entire course content.

The written part of the final exam consists of 30 multiple choice questions. In order to meet minimum criteria and earn grade points, students must have 50% of correctly solved questions.

Achievements during the written part of the final exam will be converted into grade points according to the

criteria shown in Table 3. In case when a student did not achieve the minimum criteria on the written part of the final exam, attending the final exam on the following exam term is mandatory.

Assessment of the oral part of the final exam:

- 7.5 credits: minimum criteria satisfied
- 8 9 credits: average criteria satisfied with noticeable errors
- 10 12 credits: answer with a few errors
- 13 15 credits: outstanding answer.

In order to pass the final exam, a student must achieve at least 50% of positive answers on both written and oral parts of the final exam.

If the student is not satisfied with the final grade, he/she may refuse the grade. In case a student does not accept the grade, he/she must re-enter the final exam.

% of correct answered questions	Grade points/credits
50.00 - 59.99	7.5
60.00 - 64.99	8
65.00 - 69.99	9
70.00 – 74.99	10
75.00 – 79.99	11
80.00 - 84.99	12
85.00 - 89.99	13
90.00 - 94.99	14
95.00 - 100.00	15

Table 3. Evaulation of the written part of a final exam

Conditions for admission to the final exam

A student who accomplishes 35 or more grade points during all course classes can access the final exam. If a student achieves less than 35 grade points during all course classes, correction of the midterm exams will be organized.

A student who achieves less than 35 grade points during all course classes even after the correction of the midterm exams, or is absent for more than 30% of all forms of classes, is graded as unsuccessful (F) and must re-enter the course.

Final grade

The final grade represents a sum of all grade points obtained during all course classes and on the final exam. Students are evaluated according to the ECTS (A-F) and numerical (1-5) system.

The ECTS and the numerical grading system are defined by the following criteria:

A (5) 90 - 100 credits B (4) 75 - 89.99 credits C (3) 60 - 74.99 credits D (2) 50 - 59.99 credits

F (1) 0 - 49.99 credits

Other important information regarding the course:

Teaching is held at the prescribed time and it is not possible to enter after the teacher enters. Food and beverages are not permitted in the classroom or in the laboratory. This includes plate lunches, drinks, candies, etc., whether opened or not. Likewise, cell phones are not allowed in the classroom during the midterm or final exams. Students must arrive on time for exam attendance. Anyone late for more than 15 minutes may be refused to undertake the exam.

Academic Honesty

It is expected that all students and teachers follow the code of academic honesty in accordance with the Code of ethics for the students of the Faculty of Medicine at the University of Rijeka.

Please read the policy regarding academic honesty at:

http://medical-studies-in-english.com/wp-content/uploads/2016/12/CODE-OF-ETHICS.pdf

Contact information

For questions and concerns, please feel free to contact us by e-mail or via the Department website. If you want to speak with a teacher during office hours (each working day between 11:00 am and 13:00 am), please let us know by e-mail or in class.

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Expected competencies at course enrollment:

Students are expected to have basic knowledge of biology and chemistry.

COURSE SCHEDULE for academic year 2021./2022.

Date	Lectures (L)	Seminars (S)	Laboratory Practicals (LP)	Lecturer
1 st week 06/10/2021	L1 12:00-13:00 Lecture room 1			D. Detel, Associate professor
05/10/2021			LP1 (group I) 08:00-11:00*	I.Potočnjak, PhD, Assistant
05/10/2021			LP1 (group II and III) 12:00-15:00*	L.Batičić, Assistant professor S.Buljević, PhD, Assistant
08/10/2021	L2,3 10:00-12:00 Lecture room 1			D.Detel, Associate professor
2 th week 11/10/2021		S1 (group I) 09:00-11:00 Lecture room 6*		D.Detel, Associate professor
12/10/2021		S1 (group II) 11:00-13:00 Lecture room 9*		D.Detel, Associate professor
13/10/2021	L4 12:00-13:00 Lecture room 1			J.Marinić, Assistant professor
15/10/2021	L5,6 10:00-12:00 Lecture room 1			J.Marinić, Assistant professor
3 rd week 18/10/2021		S2 (group I) 08:00-10:30 Lecture room 6*		I.Potočnjak, PhD, Assistant
19/10/2021			LP2 (group I) 08:00-11:00*	I.Potočnjak, PhD, Assistant
19/10/2021			LP2 (group II and III) 12:00-15:00*	L.Batičić, Assistant professor S.Buljević, PhD, Assistant
20/10/2021	L7 12:00-13:00 Lecture room 1			D.Detel, Associate professor
21/10/2021		S2 (group II) 13:00-15:30 Lecture room 9*		I.Potočnjak, Assistant
22/10/2021	L8,9 10:00-12:00 Lecture room 1*			R.Domitrović, Full professor
4 th week 25/10/2021		S3 (group I) 08:30-10:30 Lecture room 6*		L.Batičić, Assistant professor
26/10/2021		S3 (group II) 11:00-13:00 Lecture room 6*		L.Batičić, Assistant professor
27/10/2021	L10 12:00-13:00 Lecture room 15*			J.Marinić, Assistant professor
29/10/2021	L11,12 10:00-12:00			D.Detel, Associate professor

	Lecture room 1*			
5 th week 2/11/2021			LP3 (group I) 08:00-11:00	I.Potočnjak, PhD, Assistant
2/11/2021			LP3 (group II and III) 11:00-14:00	L.Batičić, Assistant professor S.Buljević, PhD, Assistant
2/11/2021		S4 (group I) 14:30-16:30 Lecture room 6*		I.Potočnjak, PhD, Assistant
3/11/2021	L13 12:00-13:00 Lecture room 15*			D.Detel, Associate professor
4/11/2021		S4 (group II) 12:00-14:00 Lecture room 6*		I.Potočnjak, PhD, Assistant
5/11/2021	L14,15 10:00-12:00 Lecture room 1*			R.Domitrović, Full professor
6 th week 08/11/2021		\$5 (group I) 08:00-10:30 Lecture room 7		J. Marinić, Assistant professor
9/11/2021		S5 (group II) 11:30-14:00 Lecture room 6*		J. Marinić, Assistant professor
12/11/2021	L16,17 10:00-12:00 Lecture room 1*			J. Marinić, Assistant professor
10/11/2021			Midterm exam I 15:00 – 16:00 Lecture room 2	
7 th week 15/11/2021		S6 (group I) 08:30-11:00 Lecture room 7*		L. Batičić, Assistant professor
16/11/2021		S6 (group II) 11:00-13:30 Lecture room 6*		L. Batičić, Assistant professor
19/11/2021	L18,19 10:00-12:00 Lecture room 1*			J. Marinić, Assistant professor
8 th week 22/11/2021		S7 (group I) 08:00-10:00 Lecture room 4*		J.Marinić, Assistant professor
24/11/2021	L20,21 12:00-14:00 Lecture room 15*			D.Detel, Associate professor
25/11/2021		S7 (group II) 13:00-15:00 Lecture room 5*		J.Marinić, Assistant professor
26/11/2021	L22,23 10:00-12:00 Lecture room 1*			D.Detel, Associate professor
9 th week 29/11/2021		S8 (group I) 08:00-10:30 Lecture room 9*		J.Marinić, Assistant professor
29/11/2021		S8 (group II)		J.Marinić, Assistant professor

		13:00-15:30		
		Lecture room 6*		
30/11/2021			LP4 (group I) 08:00-11:00	I.Potočnjak, PhD, Assistant
30/11/2021			LP4 (group II and III) 12:00-15:00	L.Batičić, Assistant professor S.Buljević, PhD, Assistant
1/12/2021	L24 12:00-13:00 Lecture room 1*			D.Detel, Associate professor
3/12/2021	L25,26 10:00-12:00 Lecture room 1*			J.Marinić, Assistant professor L.Batičić, Assistant professor
10 th week 6/12/2021		S9 (group I) 08:30-11:00 Lecture room 9*		D.Detel, Associatet professor
8/12/2021	L27 12:00-13:00 Lecture room 1*			L.Batičić, Assistant professor
9/12/2021		S9 (group II) 11:00-13:30 Lecture room 6*		D.Detel, Associate professor
10/12/2021	L28,29 10:00-12:00 Lecture room 1*			L.Batičić, Assistant professor
11 th week 14/12/2021			LP5 (group I) 08:00-10:30	I.Potočnjak, PhD, Assistant
14/12/2021			LP5 (group II and III) 11:00-13:30	L.Batičić, Assistant professor S.Buljević, PhD, Assistant
15/12/2021	L30 12:00-13:00 Lecture room 1*			D.Detel, Associate professor
17/12/2021		L31 Midterm exam I 10:00-11:00 Lecture room 2	I	D.Detel, Associate professor
12 th week 20/12/2021		S10 (group I) 08:00-10:30 Lecture room 9*		I.Potočnjak, PhD, Assistant
21/12/2021		\$10 (group II) 12:00-14:30 Lecture room 9*		I.Potočnjak, PhD, Assistant
22/12/2021	L 32,33 11:00-13:00 Lecture room 1*			D.Detel, Associate professor
23/12/2021	L34 12:00-13:00 Lecture room 8*			D.Detel, Associate professor
13 th week 10/1/2021		S11 (group I) 8:00-10:30 Lecture room 9*		J.Marinić, Assistant professor
11/1/2021			LP6 (group I) 08:00-11:00	I.Potočnjak, PhD, Assistant
11/1/2021			LP6 (group II i III) 12:00-15:00	S.Buljević, PhD, Assistant
12/1/2021	L35			R.Domitrović, Full professor

	12:00-13:00			
	Lecture room 1*	044 (11)		
12/1/2022		511 (group II)		I Mariniá Appiatant professor
13/1/2022		12.30-13.00		
	36 37	Lecture room 3		
14/1/2022	10.00-12.00			R Domitrović, Full professor
	Lecture room 1*			
14 th week		S12 (group I)		
17/1/2022		13:00-15:30		I.Potočnjak, PhD, Assistant
		Lecture room 6*		
18/1/2022			LP7 (group II) 08:00-11:00	I.Potočnjak, PhD, Assistant
19/1/2022			LP7 (group I and III)	L.Batičić, Assistant professor
10/1/2022			12:00-15:00	S.Buljević, PhD, Assistant
		S12 (group II)		
20/1/2022		13:00-15:30		I.Potočnjak, PhD, Assistant
	1.00.00	Lecture room 4*		
10/1/2022	L38,39			D Datal Acceptate professor
19/1/2022	Lecture room 1*			D.Delei, Associate professor
	I 40.41			
21/1/2022	10:00-12:00			D.Detel. Associate professor
	Lecture room 1*			,,
15 th week			LP8 (group II)	Vegna Čunak Smalžić Appiatant
24/1/2022			08:00-11:00	
25/1/2022			LP8 (group I)	Vesna Šupak Smolčić, Assistant
				Vesna Šunak Smolčić Assistant
26/1/2022			8:00-11:00	
07/1/0000		S13 (group I and II)		D.Detel, Associate professor
27/1/2022		14:00-17:00		J.Marinić, Assistant professor
	Midtore cuore III			I.POLOCNJAK, PND, ASSISTANT
31/1/2022	(the time and place of t	ho oxom will bo oppour	read)	
9/2/2022	(the time and place of t	he exam will be announ	nced)	
	CORRECTION TEST I	-III		
23/2/2022	(the time and place of the exam will be announced)			

*Taking into consideration the current epidemiological situation of COVID-19, during the winter semester of the academic year 2021/2022 the lectures will be held online at given time (e.g. through the MS Teams app) while the seminars and laboratory practical's will be held onsite. Possible changes in the course timetable will be announced in advance. Students are expected to regularly check the Merlin platform for updates.

List of lectures, seminars, and laboratory practicals:

	Topics of the Lectures	Teaching Hours	Lecture Room
L1	Importance of biochemistry in understanding health and disease and the application of biochemistry in clinical practice.	1	1
L2	Enzymes. Clasification of enzymes. The kinetics of enzyme catalysis.	1	1
L3	Regulation of enzymatic activity.	1	1
L4	Digestion and absorption of carbohydrates	1	1
L5	Metabolic pathways of carbohydrates. Glycolysis.	1	1
L6	Regulation of glycolysis.	1	1
L7	Oxidative decarboxylation of ketoacids. Oxidation of pyruvate.	1	1
L8	The Citric acid cycle: degradation of acetyl-CoA.	1	15
L9	Regulation of the citric acid cycle.	1	15
L10	Gluconeogenesis.	1	8
L11	Metabolism of Glycogen.	1	1
L12	Regulation of glycogen metabolism.	1	1
L13	The penthose phosphate pathway.	1	1
L14	The respiratory chain.	1	8
L15	Energetics and principles of the respiratory chain.	1	8
L16	Digestion and absorption of lipids.	1	8
L17	Fat mobilization.	1	8
L18	Oxidation of fatty acids.	1	1
L19	Biosynthesis of fatty acids.	1	1
L20	Biosynthesis of triacyglycerols and phospholipids.	1	1
L21	Glycolipids: structure, biosynthesis, and biodegradation.	1	1
L22	Biosynthesis and metabolism of cholesterol.	1	1
L23	Biosynthesis and metabolism of bile acids.	1	1
L24	Lipoproteins. Classification and its role in metabolism.	1	1
L25	Metabolism of xenobiotics.	1	1
L26	Nucleic acid structure and function.	1	1
L27	Replication. RNA synthesis. Regulation of gene expression.	1	8
L28	Protein syntesis. Posttranslational modification of proteins.	1	15
L29	Intracellular traffic and sorting of proteins.	1	15
L30	Metabolism of proteins. Digestion and absorption of proteins.	1	1
L31	Midterm exam	2	2
L32	Metabolism of amino acids. Decarboxylation.	1	8
L33	Transamination. Oxidative deamination.	1	8
L34	Urea cycle.	1	1
L35	Signal molecules.	1	1
L36	Receptors and signal transduction.	1	1

L37	Hormonal regulation of metabolism.	1	1
L38	Regulation of metabolic pathways.	1	1
L39	Relationships in intermediary metabolism.	1	1
L40	Clinical importance of AST, ALT, GLDH, γGT, and CHE.	1	1
L41	Clinical importance of CK, ALP, LDH, lipase, and amylase.	1	1
	Total number of lectures	42	

	Topics of Seminars (S)	Teaching Hours	Lecture Room
2 nd week S1	Enzymes	2	Group I: 6 Group II: 9
3 rd week S2	Cofactors. Water soluble vitamins.	3	Group I: 6 Group II: 9
4 th week S3	Fat soluble vitamins.	2	Group I: 6 Group II: 6
5 th week S4	Biochemically important reactions	2	Group I: 6 Group II: 6
6 th week S5	Metabolism of carbohydrates	3	Group I: 7 Group II: 6
7 th week S6	Function and structure of respiratory chain complexes	3	Group I: 7 Group II: 6
8 th week S7	Free radicals, oxidative stress, and antioxidants' structure and nature	2	Group I: 4 Group II: 5
9 th week S8	Metabolism of lipids	3	Group I: 9 Group II: 6
10 th week S9	Metabolizam of iron, porphyrins, and bile pigments	3	Group I: 9 Group II: 6
12 th week S10	Function of the liver in metabolism	3	Group I: 9 Group II: 9
13 th week S11	Catabolism of carbon skeletons of amino acids. Metabolic transformation of individual amino acids.	3	Group I: 9 Group II:9
14 th week S12	Plasma proteins and their physiological, biochemical, and diagnostic functions	3	Group I: 6 Group II: 4
15 th week S13	Oral colloqium and Consultation(s)	2	
	Total	34	

	Topics of Laboratory Practicals (LP)	Teaching Hours	Lecture Room
1 st week LP1	Methods in biochemistry	4	Online
3 rd week LP2	Factors affecting enzymatic activity The influence of pH, temperature, and substrate concentration on the enzymatic activity. Determination of the type of enzyme inhibition.	4	Online
5 th week LP3	Qualitative and quantitative analysis of carbohydrates Quantitative determination of glucose in blood. Detection of glucose in urine.	4	Department of Chemistry and Biochemistry
9 th week LP4	Electrophoresis of lipoproteins Quantitative determination of triglycerides in serum. Detection of ketone bodies in urine. Determination of total cholesterol in serum. Determination of serum HDL and LDL cholesterol in serum.	4	Department of Chemistry and Biochemistry
11 th week LP5	Determination of iron concentration in serum Determination of TIBC and UIBC. Detection of hemoglobin/bilirubin in urine.	3	Department of Chemistry and Biochemistry.
14 th week LP6	Determination of non-protein nitrogen compounds: urea, creatinine, and uric acid in urine. Detection of nitrites in urine.	3	Department of Chemistry and Biochemistry
15th week LP7	Determination of clinically important enzymes: ALT, AST, ALP, CHE, and γ Gt.	4	Department of Chemistry and Biochemistry
16 th week LP8	Clinical laboratory Biological material and processing in clinical bichemistry Biochemical results and and their interpretation	4	Clinical Hospital Center Rijeka
LP9	Midterm exam	4	
	Total	34	

	Final exam dates	
1.	11.02.2022.	
2.	25.02.2022.	
3.	08.07.2022.	
4.	02.09.2022.	
5.	16.09.2022.	